

Daily Recollection

Dharma bead

(Silent) Dharma is the teaching, the understanding, the contents of the enlightened mind. It is the experience of the joy of intelligence knowing itself.

2nd bead: The blessings of love and respect we offer to all, in times past and present, who have opened the doors of wisdom, reuniting all beings with their intrinsic purity.

Marker bead - In this way I do most deeply vow to train myself.

4th bead: The recitation of this Rosary ever expands the awakening of faith in the three jewels, Bodhi, Dharma, and Sangha.

5th bead: Bodhi saranam gacchami, dutiyampi, tatiyampi savaha. I turn to the Perfect Nature of Truth for guidance, again and yet again may it be so.

6th bead: Dharmam saranam gacchami, dutiyampi, tatiyampi savaha. I turn to the Teachings for guidance, again and yet again may it be so.

7th bead: Sangham saranam gacchami, dutiyampi, tatiyampi savaha. I turn to the Holy Order for guidance, again and yet again may it be so.

Marker bead - In this way I do most deeply vow to train myself.

9th bead: Dukkha, the Noble Truth of suffering

10th bead: Dukkha Samudaya, the Noble Truth of the origin of suffering

11th bead: Dukkha Nirodha, the Noble Truth of the extinction of suffering

12th bead: Dukkha Nirodha Gamini Patipada, the Noble Truth of the Path that leads to the extinction of suffering

13th bead: So long as these Four Noble Truths are not understood, we shall wander in sorrow and ignorance.

Marker bead - In this way I do most deeply vow to train myself.

15th bead: All formations are transient, Anicca.

16th bead: All formations are subject to suffering, Dukkha.

17th bead: All things are without a self, Anatta.

Marker bead - In this way I do most deeply vow to train myself.

19th bead: Namo Prajna, Paramita Hridaya. Homage to the wisdom in the heart.

20th bead: Form is not different from Emptiness, Emptiness is not different from Form. This is the teaching of our spiritual ancestors, Gotama Buddha, and all the great teachers who have transmitted the Dharma to this Holy Day.

21st bead: Blessed is the Knowledge of Emptiness.

22nd bead: Homage to the devotees of this and all paths of self-purification. May all find simplicity the joyous and practical guide.

23rd bead: The Dharma, being the contents of enlightenment, in which there is no bondage and no suffering, offers freedom from the cankers of ignorance and fear.

Marker bead - In this way I do most deeply vow to train myself.

Sangha bead

Sangha is the Holy Order of spiritual ancestors, monks, priests, and all those who follow and practice this path.

26th bead: Homage to the Sangha

27th bead: Homage to all who are approaching this Holy Path

28th bead: Homage to all who follow and establish this Holy Path

Marker bead - In this way I do most deeply vow to train myself.

30th bead: By compassionate comprehension that dissipates delusion

31st bead: By compassionate aspiration that harms no one

- 32nd bead: By compassionate speech that makes for clarity
- 33rd bead: By compassionate self-discipline that brings no regret
- 34th bead: By compassionate livelihood that brings no discredit
- 35th bead: By compassionate endeavor that results in goodness
- 36th bead: By compassionate mindfulness that proves this Path
- 37th bead: By compassionate awareness that leads to Nirvana

Marker bead - In this way I do most deeply vow to train myself.

- 39th bead: With this recitation I do confirm my acceptance of these Three Pure Precepts.
- 40th bead: The precept of restraint and religious observances
- 41st bead: The precept of obedience to all good laws
- 42nd bead: The precept to benefit all sentient beings

Marker bead - In this way I do most deeply vow to train myself.

- 44th bead: With this recitation I do confirm my acceptance of these Ten Grave Prohibitive Precepts.
- 45th bead: Not to lead a harmful life, nor to encourage others to do so
- 46th bead: Not to take that which is not given
- 47th bead: Not to commit or participate in unchaste conduct
- 48th bead: Not to tell lies nor practice believing the fantasies of authority
- 49th bead: Not to use intoxicating drinks or narcotics nor assist others to do so
- 50th bead: Not to publish other people's faults
- 51st bead: Not to extol oneself and slander others
- 52nd bead: Not to be avaricious in bestowal of the teachings
- 53rd bead: Not to be angry
- 54th bead: Not to speak ill of this religion or any other

Marker bead - In this way I do most deeply vow to train myself.

- 56th bead: In the practice of lovingkindness
- 57th bead: In the practice of pure attention
- 58th bead: In the practice of ever-expanding faith
- 59th bead: In the practice of constant devotion
- 60th bead: In the practice of inquiry through correct Dhyana

Marker bead - In this way I do most deeply vow to train myself.

- 62nd bead: Oh, happy Blessed Day
- 63rd bead: Oh, happy Blessed Place
- 64th bead: Oh, happy Blessed Time
- 65th bead: Oh, happy Blessed Path
- 66th bead: Oh, happy Blessed Opportunity

Marker bead - In this way I do most deeply vow to train myself.

- 68th bead: Here, in humble submission, in order to experience this most perfect now, I deeply bow and sacrifice all thoughts, all tensions, all pressures and desires.

Bodhi bead

I am born of karma, I am heir to karma, I abide in karma and I am supported by karma. Whatever I do creates karma, and I shall surely experience this karma. The merit for all good acts I do freely offer to all beings. Dutiyampi, tatiyampi, savaha. Again and yet again, may it be so.

The Key

Willingness is the name of the key to the gate of awakening, for even to awaken from deep sleep and face the new day there must be the willingness to do it. Here in my hand is the opportunity, and the way is clear beyond the gate of thought and desire. There is no self and other as the awareness of pure undisturbed consciousness slips into all consciousness.